

Áfengismælir - Leiðbeiningar og upplýsingar

í 49. gr. frumvarpsins er lagt bann við ölvunarakstri.

Ef vínandamagn í blóði ökumanns nemur 0,20 prómillum en er m inna en 1,20 prómill, eða magn vínanda í lofti sem hann andar frá sér nem ur 0,1 milligrammi í lítra lofts, en er minna en 0,60 milligrömm, eða ökumaður er undir áhrifum áfengis þótt magn vínanda í blóði hans eða útöndun sé minna telst hann ekki geta stjórnað ökutæki örugglega.

% Prómil (% eins og sést á mæli)	Áhrif
0.2-0.3 (0.02-0.03)	Slight euphoria. Loss of shyness. Depressant effects are not apparent. Impairment possible in some individuals.
0.4-0.6 (0.04-0.06)	Feeling of well-being, relaxation, lower inhibitions and sense of warmth. Euphoria. Some minor impairment of reasoning and memory. Lowering of caution.
0.7-0.9 (0.07-0.09)	Slight impairment of balance, speech, vision, reaction time, and hearing. Euphoria. Judgement and self-control are reduced. Caution, reason and memory are impaired.
1.0-1.2 (0.1-0.12)	Significant impairment of motor coordination and loss of good judgement. Speech may be slurred. Balance, vision, reaction time and hearing will be impaired. Euphoria.
1.3-1.5 (0.13-0.15)	Gross motor impairment and lack of physical control. Blurred vision and major loss balance. Euphoria is reduced and dysphoria (anxiety and restlessness) begins to appear.
1.6-2.0 (0.16-0.2)	Dysphoria predominates. Nausea may appear.
2.5 (0.25)	Need for assistance in walking. Total mental confusion. Dysphoria with nausea and some vomiting.
3.0 (0.3)	Loss of consciousness.
4.0 (0.4+)	Onset coma. Possible death.

Notkun:

1. Settu munnstykki í mælinn. Ekki ýta of fast.
2. Ýttu á kveikja takkann. Niðurtalning hefst.
3. Þegar niðurtalning nálgast 2. Taktu djúpan anda.
4. Þegar niðurtalning fer í 0. Byrjaðu að blása þar til tvö píp heyrast.
5. Niðurstaða birtist á skjá.